



# SOUL NOTES

*Aligning body-mind-♥-Soul*

## *An Ant, a Balancing Act and a Divine Message*

Life is amazing and magical. I observe in my life and work as a Soul Coach, Wisdom Teacher and Healer, what powerful creative Beings we are, whether creating consciously or unconsciously. Our conscious heart centered “prayers,” are always answered and beautiful beings of love and light are divinely guiding us at all times. We simply need to tune in and receive, letting go of expecting answers to arrive in specific ways.

To fully receive our creations, any “blockages” first need to be removed. “Blockages” are unresolved energies held in our cellular memory awaiting an opportunity to be resolved and released. When activated in the form of a challenging person or situation in life, we are reviving past traumas, failure and fears often held unresolved over many lifetimes. Significantly, these are often held deeply buried beyond our conscious mind such as beliefs, programs, curses, vows. These are guiding our every choice in life – creating unconsciously. No wonder we often feel “stuck” in unresourceful patterns of behavior, emotional reactions, mental attitudes, perceptions and body pains. Why can’t we move forward to our dreams? be successful in business? attract abundance? the right relationship? good health? quit a damaging relationship?

I work with an energy balancing modality called **Rekindled Ancient Wisdom - R.A.W.** Through muscle testing I can access the body’s wisdom held in the cellular memory which relates to many lifetimes. Using comprehensive scan lists and ancient symbols, R.A.W. reveals these unresolved energies, re-balances energies and promotes self healing. Working through all 12 energy bodies of the Being ensures all related energies are resolved. As you lie back and relax, I perform the muscle testing on myself for you as you receive information.

This supports self healing and the re-alignment of

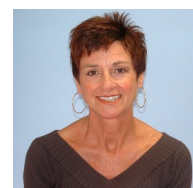
body, mind, heart and soul, allowing your highest potential desires to manifest.



R.A.W. works with any issue arising in your life. Recently I confirmed this when an insect crawled into my right inner ear and fluttered around – alarming for both of us! I also sensed that my guides were using this bizarre messenger to reach me. So, I asked for guidance. **Do a R.A.W energy balance I was told.** Of course.....!

Magically, as I finished the balance, I felt a tickle on my cheek and an ant emerged unscathed from my right ear. R.A.W rebalanced the energies and re-patterned the underlying programs. Importantly, I got the key message creating the issue - “Trust your Power”. How powerful is that! I love the magic of our unfolding journey, knowing we are blessed with assistance from Beings of love and light at all times. I know they watch over and guide the R.A.W process.

*For more information on Rekindled Ancient Wisdom Soul Coaching and Soul Healing : 02 4382 2587*  
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*Blessings of love , gratitude and joy*  
*Carolyn-Ann Cini , SOUL POWER Unlimited*