# Article: What is Light Language? November11, 2016

For several years I've been learning about Light Language as I use it often in my work. If you've attended my meditations, coaching, healing sessions or seen my sacred art you will have sampled Light Language. It's an amazing and effective resource for healing and transformation, both for myself and others. As I open to receive from spirit the Light language naturally flows in response to the intention. The energy transmissions are received as sounds, writing, movements and sacred art healing transmissions that are encoded with the specific love and light energies responding to each person's needs.

### What is light language?

Light is spirit that is in everything. It is the original creation force that lives in everything. The light codes of creation are energy frequencies containing the information that produces form. The language of light comes in many forms. - spoken and written words and sounds, intuitive mudras - sacred hand positions and gestures such as those taught in yogic traditions.



In sacred art, it comes forth as geometries in the images, shapes, symbols, colours frequencies

and scripts composed of ancient light languages. In this CODE example from a series called The Soul Path Of Creation, you see ancient scripting around the circle, which is the blessing for the CODE. There are ancient symbols, shapes and colours all transmitting specific energies to open one's consciousness to the purpose of the code. Each CODE, template or tablet is a unique response to the intention of the drawing.

The light language may come from many realms of spirit, each with its special transmissions - realms such as the angelic, galactic, earth, universal, dolphins, elemental, crystal and plant. The Angelic is more geared

to emotional and soul healing, elemental to nature, earth "speaks" more to physical and ancestral healing.

#### Why is Light Language so powerful?

Light language is understood by all on a soul level. It speaks directly to your DNA

These energetic transmissions respond to the intention to shift patterns held deeply in the subconscious – they change the cellular DNA codes that are creating behaviours that sabotage or limit your highest potential expression in life. These energy transmissions are the basis of what energy healers have effectively used for eons of time. Science is now validating how they are effective. (See below). Light language is also connecting us to the new codes to upgrade the human blueprints for our ascension.

Most importantly energy vibrations bypass your mind so it cannot analyse and try to understand, which interferes with your ability to opening fully to receive and effectively heal.

## You also can tap into this powerful resource.

Your soul already speaks this ancient Universal language of Source resonating deeply at the subconscious level. You will be surprised that it often "feels and sounds familiar" as you recognise and "know", at a deep level, what you are receiving. It is not a linear word-for-word transmission but deep and multi-layered. As I receive it I have a "knowing" of the information. It is a communication through the Higher Self, interacting with our guidance teams.

Opening to and developing your connection involves expanding your consciousness such as through meditation. Some people are known to access it and speak it on awaking from their dream-state. You may find yourself naturally expressing light language when "doodling" hieroglyphs, symbols, geometries or algebraic formulas

I find it is second nature to me after several years of practise, such that as I awake, or on my morning walks I find myself talking in light language – a bit strange for those who happen to hear me!. I also communicate soul to soul with friends who speak to me in light language.

It is a unique experience for each one of us and can be developed with practise

# Why is it important?

At this time as we are raising in consciousness Light Language is a powerful catalyst to awaken and evolve our consciousness. Significant benefits we receive:

- Accelerated spiritual awakening
- Connection to Higher Self and access to your innate wisdom
- Accepting your divinity
- Expanded awareness of self and the Universe
- Integration of multi-dimensional soul aspects
- Connection to your soul gifts
- Activate the DNA to realign and recalibrate the soul to Soul Purpose
- Activate healing and restore light bodies
- Enhance creative energy

#### Scientific evidence for energy frequencies including words re-programming DNA

Scientific research is demonstrating that DNA is not only responsible for the construction of our body but also serves to store information and in communication, Our body is able to be reprogrammed by language, word, thoughts which we observe in effectively using affirmations and hypnosis. An important reminder to be aware that our every word and the underlying thoughts and beliefs, become 'things''.